

Spring-Summer Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
Choice of Cereals with Milk and Wholemeal Toast G,M	Choice of Cereals with milk and Wholemeal Toast G,M	Choice of Cereals with Milk and Wholemeal Toast r G,M	Choice of Cereals with Milk and Wholemeal Toast r G,M	Choice of Cereals with Milk and Wholemeal Toast G,M
Morning Snack				
Fruit Loaf and a Selection of Fresh Fruits G,S,Su	Pancakes and a Selection of Fresh Fruits G,M,E	Selection of Fresh Fruits	Rice Cakes and a Selection of Fresh Fruits	Selection of Fresh Fruits
Milk or Water to drink M	Milk or Water to drink M	Milk or Water to drink M	Milk or Water to drink M	Milk or Water to drink M
Lunch				
Mains				
Fish in Parsley Sauce	Ham, Potato and Leek Casserole	Chicken Surprise	Vegetable Tikka Masala	Roast Turkey and Gravy
<i>White fish in a creamy parsley sauce</i> M,G,Su,Mu,F	<i>A true classic, Creamy Ham, Pea, and Potato Casserole is loaded with tender scalloped potatoes, slices of l ham, and peas</i> M,Su,	<i>Chicken pieces cooked in tomato sauce, corn and herbs</i> Su	<i>Mild and creamy curry of butternut squash, cauliflower and chickpeas</i> Su	<i>Succulent turkey breast in rich gravy</i> G,S
Served with				
New Potatoes and Beans	Carrots	Roasted Vegetable Couscous and Cauliflower	Pilau rice and Poppadoms	Roast Potato and Peas
<i>Boiled waxy potatoes and green beans</i>	<i>Boiled slices of carrots</i>	<i>Savoury and herby couscous and boiled cauliflower</i> G,M	<i>Boiled rice in turmeric with peas. And crunchy poppadoms</i>	<i>Golden crispy potato and green peas</i>
Desserts				
Peach and Cream	Rocky Road	Sponge Finger, Blueberries and Crème Fraiche	Lemon Drizzle Cake	Strawberry Delight
<i>Slices of peach in vanilla whipped cream</i> M,Su	<i>A scrumptious indulgent cake made of chocolate, biscuits and marshmallows</i> G,Su,M	<i>Fresh blueberries and sponge fingers dipped in crème fraiche</i> G, M, E	<i>Light and zesty sponge cake</i> G,M,E	<i>Angel delight whipped up with fresh milk topped with fresh slices of strawberry</i> M,Su
Tea				
Turkey and Cheese Bagels	Pitta Bread and Slightly Spiced Chicken	Hot dog, Corn and Onion	Ham and cheese Wraps	Tuna Pasta Salad
<i>Soft baked bread filled with Cheese sliced and turkey ham</i> M,G,Su	<i>Wholemeal pitta pockets with slightly spiced chicken, vegetable sticks and cheese</i> M,G,Su	<i>Bake sausages on a soft finger rolls serve with sweet corn and caramelised onion</i> G,Su,S	<i>Children can fill their own tortilla and choose their toppings of ham, cheese and vegetable sticks</i> G,Su	<i>Fusilli pasta with corn, peas, tuna and mayonnaise dressing</i> G,F,E

Allergen Codes

Ce Celery
G Cereals containing gluten
Cr Crustaceans

E Eggs
F Fish
L Lupin

M Milk
Mo Molluscs
Mu Mustard

Nu Nuts
P Peanuts
Se Sesame

S Soya
Su Sulphites